Studien zu Atemphysiotherapie bei Mukoviszidose

Allgemein:
Für eine Literaturrecherche bieten sich neben Fachzeitschriften viele digitale Literaturdatenbanken an, z.B.

- Pubmed
- PEDro
- Cochrane Library
- Science Direct
- Google Scholar

Dort können Abstracts (=Zusammenfassung einer Studie mit Hintergrund, Methodik, Ergebnissen und Schlussfolgerung) oder auch Volltexte gelesen werden.

Geeignete Stichworte für eine englischsprachige Literaturrecherche sind:

- *Cystic Fibrosis*
- *(Respiratory) Physiotherapy/ (Chest) Physical Therapy/ Airway Clearance (Techniques)*

Die Stichworte können mit Operatoren wie „AND" und „OR" verknüpft werden, um die Trefferzahl relevanter Literatur auf die zu suchende Thematik einzugrenzen.

Die nachfolgenden Studien sind ein Auszug einer Literaturrecherche über die Datenbanken Pubmed, PEDro und Cochrane ohne Anspruch auf Vollständigkeit (Sucheingabe: „Airway Clearance" AND „Cystic Fibrosis").

Stand: 25.02.2025 (verfasst von Dr. Tina Büttner)

Cochrane Library
(=systematische Reviews, bei denen AutorInnen mehrere Studien der gleichen Thematik zusammengefasst betrachten und interpretieren)

1. Burnham P, Stanford G, Stewart R. Autogenic drainage for airway clearance in cystic fibrosis. Cochrane Database Syst Rev. 2021;12:CD009595.
2. Dentice R, Elkins M. Timing of dornase alfa inhalation for cystic fibrosis. Cochrane Database Syst Rev. 2021;3:CD007923.
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14. Stanford G, Ryan H, Solis-Moya A. Respiratory muscle training for cystic fibrosis. Cochrane Database Syst Rev. 2020;12:CD006112.
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16. Warnock L, Gates A. Airway clearance techniques compared to no airway clearance techniques for cystic fibrosis. Cochrane Database Syst Rev. 2023 Apr 12;4(4): CD001401.
17. Wilson LM, Morrison L, Robinson KA. Airway clearance techniques for cystic fibrosis: an overview of Cochrane systematic reviews. Cochrane Database Syst Rev. 2019;1:CD011231.
18. Wilson LM, Saldanha IJ, Robinson KA. Active cycle of breathing technique for cystic fibrosis. Cochrane Database Syst Rev. 2023 Feb 2;2(2):CD007862. doi: CD007862.

Pubmed und PEDro
(=vorrangig Interventions- und Beobachtungsstudien, aber auch Literaturzusammenfassungen und internationale Empfehlungen)

Um einen Überblick erhalten zu können, wird nur ein Auszug von 125 Studien, geordnet nach dem Jahr der Veröffentlichung, gezeigt:

1. Blardone C, Gambazza S, Mariani A, Galgani R, Brivio A, Nobili RM, Rizza C, Tutino AL, Gramegna A, Daccò V, Contarini M, Blasi F, Laquintana D. Perceived burden of respiratory physiotherapy in people with cystic fibrosis taking elexacaftor-tezacaftor-ivacaftor combination: a 1-year observational study. Ther Adv Respir Dis. 2024 Jan-Dec;18:17534666241235054. doi: 10.1177/17534666241235054. PMID: 38554035; PMCID: PMC10981859.
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5. Gambazza S, Mariani A, Guarise R, Ferrari B, Carta F, Brivio A, Bizzarri S, Castellani C, Colombo C, Laquintana D. Short-term effects of positive expiratory pressure mask on ventilation inhomogeneity in children with cystic fibrosis: A randomized, sham-controlled crossover study. Pediatr Pulmonol. 2024 May;59(5):1354-1363. doi: 10.1002/ppul.26915. Epub 2024 Feb 16. PMID: 38362833.

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12. Schmidt H, Toth M, Kappler-Schorn C, Siebeneich U, Bode SFN, Fabricius D. Short-term effects of a novel bronchial drainage device: A pilot cohort study in subjects with cystic fibrosis. Health Sci Rep. 2022 Sep 12;5(5):e812.

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